

Accomplishments

Dear Friend of the Food Bank:

We are pleased to present the Food Bank for Westchester 2010 accomplishments.

A persistently slow economy coupled with the high cost of living in Westchester meant that more families had trouble putting food on the table.

We saw a staggering 30% increase in household food requests in 2010 and the numbers are still climbing. Although we managed to distribute an additional 1 million pounds of food in that 12-month period, it was still not enough to keep up with the demand.

Requests for other services increased as well: SNAP (food stamp) applications quadrupled, and the Backpack Program (weekend food for children) increased to 15 sites serving over 700 children, with many more sites waiting to sign up for this service.

As you review the 2010 program highlights and learn more about who we help, who helps us and how we do it, please keep in mind that we are poised to repeat the same huge leaps in service provision at fiscal year-end 2011.

One of our biggest challenges in 2010 was and continues to be the fact that we have far outgrown our current warehouse and offices. The Food Bank board has committed to relocate the Food Bank operations to a larger space so we can continue to grow and narrow the gap between need for food and hunger-relief services. We have made great progress in identifying a suitable facility and should complete our move before the end of calendar year 2011.

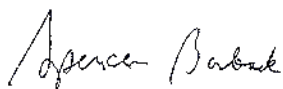
A dedicated, hardworking staff, Food Bank volunteers and supporters have made our 2010 accomplishments possible.

On behalf of all the children, seniors and their families who have benefited from your generosity, your time and your knowledge, THANK YOU!

Best wishes to you and yours,



Christina Rohatynskyj
Executive Director



Spencer Barback
Board President

6,053,152 million pounds of food distributed – **one million pounds more** than the previous year

849,280 pounds of fresh food distributed through Project Green Thumb, general distribution and Alternative and Rapid Distribution Sites

141,655 pounds of prepared and perishable food collected and distributed by the Food Recovery Program, compared with 38,363 pounds the previous year

401 Nutrition Education/Sanitation workshops and food tastings conducted reaching **3,500 people**

\$1,095,135 distributed to member agencies as grants for food acquisition, operations, support, and equipment purchase

8 Kids Cafes provided **110,196 meals** and snacks to **908 children**

15 Backpack Programs distributed **7,887 bags of food** to **736 kids**

92 women graduated from **STEPS**

12,175 persons received food stamp information and/or application assistance

243 seniors/homebound persons/Spanish speakers helped with Food Stamp application and advocacy via home visit

2,487 volunteers donated **12,979 hours** so that others may eat

Who are the Hungry in Westchester?

**Children Families
Seniors Working Poor
Underemployed
Unemployed Infirm
Disabled Homeless**

Who receives assistance?

200,000 people in Westchester are hungry or at risk of hunger. Half need regular food assistance while the rest need food sporadically. Many at-risk households have at least one adult working full-time but earning barely enough to reliably keep food on



67% are US citizens and 58% are registered voters.

This could happen to anyone... a friend, neighbor, the local store clerk...



42% are Hispanic, 37% are African American, and 19% are white.



33% of those at risk of hunger in Westchester are children under age 18.

the table. Then an unexpected setback — a job loss, medical problem, car repair — forces them to seek food assistance.



57% are seniors whose fixed incomes no longer stretch to meet basic needs.

How does the Food Bank fight hunger in Westchester?

The core Food Bank activity is the **Emergency Food Distribution Program**, which collects, warehouses and distributes food to member agencies who in turn give it to clients in their area as cooked meals or groceries to take home. Under the Emergency Food Distribution umbrella are many different programs that supply food to hungry people throughout Westchester:

The Food Recovery Program grew rapidly this year from **31,000 lbs.** in 2009 to **141,660 lbs.** This program collects prepared and perishable foods from commercial food businesses – restaurants, caterers, bakeries – and retail outlets, including super-



The Food Recovery Coordinator Nelson Perdomo collected and distributed 2,700 lbs. of recovered food weekly.



Fresh produce must be repacked and distributed quickly before spoilage occurs.

markets and big-box stores. Recently the Stop & Shop Supermarkets launched a meat recovery program in Westchester, greatly increasing the pounds of protein available for distribution. The Food Recovery Program has very strict food safety/handling standards and requirements to ensure that food stays safe. Recipient programs must have a certified food handler on staff. The Food Bank for Westchester Food Recovery Coordinator is ServSafe certified.



Bags of fresh produce ready for distribution at a Rapid Distribution Site.

The Alternative and Rapid Food Distribution programs

both distribute fresh and perishable foods directly to the client. Both programs are designed to take advantage of large-volume fresh-food donations and to get fresh food to the recipients quickly, before it spoils. There are 9

Alternative Distribution Sites located at senior congregate meal/housing sites in Westchester. In 2010, **9 Alternative Distribution Sites** distributed **156,000 pounds** of produce providing **52,000 meals**, a significant increase from 2009.

The five **Rapid Distribution Sites** in Mount Kisco, New Rochelle, Peekskill, Port Chester and Yonkers reached **37,975 people** with such fresh foods as cabbages, carrots, squash, onions, apples, and watermelons, **distributing 240,000 lbs.** in 2010 compared with 16,000 in 2009.

Who Helps Us?

The Food Bank for Westchester relies on the generous support of many volunteers, funders, food donors and suppliers to meet our mission.

Volunteers



Hawthorne-based AllStar Products Group donated 100,000 Snuggie® blankets; FBW warehouse volunteers Angela Usobiaga, Dianne Newman and Cynthia Moro model the Snuggies®.

Volunteers in groups and individually are essential to the work of the Food Bank. They help by repacking food in the warehouse, planning and attending fundraising events, serving on the board of directors, working in our office, and conducting food drives and hunger awareness initiatives.



Hitachi America employees participate in a meat repack in the Food Bank Warehouse.

In 2009-2010, **2,487 volunteers donated 12,979 hours** so that others may eat. They conducted **328 food drives** and **42 outreach activities** in houses of worship and at community events.

Funders

Funders include corporations, foundations, individuals and government. Their ongoing generosity helps FBW acquire and distribute food and conduct programs that help fight hunger in Westchester.



Proceeds from Rotary Club of Pleasantville's Westchester Wine Experience benefited the Food Bank. Club President Charles Hellmich, center, sells raffle tickets.



Entergy has been a consistent supporter of the Food Bank. Entergy Communications Specialist Lori Sheldon presents a check to Christina Rohatynskj.

Thanks to Volunteers Food Donors & Funders

Food Donors & Suppliers

The Food Bank for Westchester acquires food through three streams: **DONATIONS, PURCHASE** and **USDA**. Whatever the source, the Food Bank is committed to providing **NUTRITION, NOT JUST CALORIES**.

Donated Food accounts for 31% of the total food distributed in 2010. Most donated food comes through Feeding America, the national food bank network. The Food Bank is responsible for transporting the food to its facility. About 8% of donated food comes from food drives, the Food Recovery program, and the Food Bank's expanding Food Growing Program.



High school student Elizabeth Vargas harvests produce from the Food Growing Program garden at Leake & Watts Residential Campus, Yonkers.

United States Department of Agriculture (USDA) Food is

allocated to each state for government meal programs – a small percentage of this food is designated for emergency distribution. In New York State the eight regional food banks are allocated USDA food based on a poverty/population formula along with a small administration grant. In 2010, USDA food was 24% of the total distribution.



The warehouse racks are seldom empty. The demand for food is high!

truckload quantities to supplement donated and USDA food. Our goal is to purchase as much food as possible from local sources. Purchased food accounts for 46% of total food distribution.

Purchased Food: The Food Bank scours the region and the country to find the least processed, most nutritious foods in



Mt. Kisco, Curtis Instruments employees break down a 500-lb. bulk food donation into distributable packages.

Food Bank & Partners Fight Hunger Together

The Food Bank for Westchester distributes food through a network of dedicated food pantries, soup kitchens, shelters, child and adult day care and residential programs.

Member Programs

ARMONK

Town Of North Castle Food Pantry

CASTLE POINT

VA Hudson Valley Healthcare System Food Pantry

CORTLANDT MANOR

Holy Spirit Food Pantry

CROTON-ON-HUDSON

Cortlandt Emergency Food Pantry

DOBBS FERRY

Days Of Wonder Daycare Center

HARRISON

Harrison Community Services Food Pantry

HARTSDALE

Dalewood House

HASTINGS-ON-HUDSON

Happy Harbor Childcare Center

HAWTHORNE

ARCS/Hawthorne
ARCS/Hawthorne Thrives

KATONAH

Community Center of Northern Westchester Food Pantry

MAMARONECK

Larchmont/Mamaroneck Hunger Task Force Food Pantry
St. Thomas Brown Bag Lunch Soup Kitchen

MILLWOOD

Devereux Millwood Learning Center
FBW STEPS Program

MOHEGAN LAKE

Community Food Pantry
Living Resources Lexington House
Sunshine Social Club

MONTROSE

VA Hospital Supportive Housing Food Pantry

MOUNT KISCO

Bethel Baptist Church Food Pantry
Mount Kisco Interfaith Food Pantry
Village Of Mount Kisco Senior Nutrition (Fox Center)

Lexington Center For Recovery
Boys and Girls Club Kids Cafe
Boys & Girls Club Backpack Program
Boys & Girls Club Early Childhood

MOUNT VERNON

Saints John Paul And Clement Food Pantry
Sacred Heart Food Pantry
Saint Mary's Church Food Pantry
Grace Baptist Church Food Pantry
Through God's Hands Food Pantry
Trinity Church Pantry Outreach
First Reformed Church Food Pantry
Bronx-Westchester Community Church
Mosaic Center Food Pantry
Project Family Soup Kitchen
First Reformed Soup Kitchen
A Heavenly Start Soup Kitchen
Our Daily Bread Soup Kitchen
Mount Vernon SDA SK
Church Of God Of Prophecy Community Outreach
Vaughn Gianton Residence
Salvation Army Adult Rehab
Youth Shelter Program
Vernon Heights Day Care Center
Bereshith Cultural Institute Daycare Center
Trinity Place CC Kids Cafe
Trinity Place CC Backpack Program
Mount Vernon Family YMCA Backpack
Edward Williams Backpack
Church of God of Prophecy Community Center FP

NEW ROCHELLE

Hope Community Services Food Pantry
New Rochelle Cap Food Pantry
Salvation Army New Rochelle Food Pantry
The Master's Helping Hand Food Pantry
Union Baptist Church Food Pantry
Hope Community Services Soup Kitchen
Salvation Army New Rochelle Soup Kitchen
New Rochelle Cap Soup Kitchen
Westchester Consumer Empowerment
Union Baptist Church Soup Kitchen
Oasis
V.O.A. Crossroads Shelter
Elinor Martin Residence
Lexington Center For Recovery, Inc.
Shiloh Baptist Church FP

Generations

New Rochelle Day Nursery
Boys & Girls Club N.R. Backpack
Shiloh Baptist Church Backpack Program
Boys & Girls Club of New Rochelle
Respect Backpack
Boys & Girls Club of New Rochelle
Mascaro Backpack
Shiloh Baptist Church Soup Kitchen
Shiloh Baptist Church Breakfast Program

OSSINING

Ossining Cap Food Pantry
Ossining Food Pantry Trinity Episcopal Church
New Beginnings Food Pantry
Star Of Bethlehem Soup Kitchen
Loaves And Fish Soup Kitchen
Cardinal McCloskey Services
Hawthorne Foundation at Ossining
IFCA Backpack

PEEKSKILL

Salvation Army Peekskill Food Pantry
Mount Lebanon Baptist Food Pantry
Harvest Time Food Pantry
Salvation Army Peekskill Soup Kitchen
Sunny Donut
Jan Peek Residence
Fred's Pantry

PLEASANTVILLE

Interfaith Emergency Food Pantry
Hope's Door

PORT CHESTER

Port Chester Carver Center Food Pantry
Holy Rosary Food Pantry
Summerfield United Methodist Church Food Pantry
Saint Frances AME Zion Soup Kitchen
Holy Rosary Soup Kitchen
St. Peter's Neighborhood Dinner
Don Bosco Kids Cafe
Don Bosco Backpack
Port Chester Carver Center Backpack
Thomas Edison Backpack
Port Chester St. Peter's Backpack
Port Chester Carver Senior Breakfast Program
Park Avenue School Backpack

PUTNAM

ARCS Thrives Program

SLEEP HOLLOW

RSHM Life Center Backpack Program

TARRYTOWN

Salvation Army Tarrytown Food Pantry
Tarrytown C.O.C. Food Pantry
Tarrytown C.O.C. Hot Meals Soup Kitchen
Elizabeth Mascia Child Care Center
Family YMCA At Tarrytown
Christ Episcopal Church

THORNWOOD

Hillside Food Outreach Food Pantry
Alpha Omega Family Center

TUCKAHOE

Eastchester Cap Food Pantry

VALHALLA

Sanctuary
V.O.A. Grassland Residence
V.O.A. Valhalla Residence
Streetwise Mobile Program
Children's Village Life Bridges Drop in Center
Search for Change Supported Housing Food Pantry (moved from White Plains)

WHITE PLAINS

Greenburgh/Elmsford Cap Food Pantry
Ecumenical Emergency Food Pantry
Lord's Pantry Food Pantry,
St. Bernard's Church
First S.D.A. Church Food Pantry
Salvation Army White Plains Food Pantry
The Sterling Club Food Pantry
White Plains Cap Food Pantry



The French Speaking Baptist Church Food Pantry
Salvation Army White Plains Soup Kitchen
Lord's Pantry Soup Kitchen
Grace Church Soup Kitchen
Salvation Army Mobile Soup Kitchen
Union Food For Life Soup Kitchen
Open Arms Men's Shelter
Samaritan House Shelter
YWCA White Plains Residence
Church of St. Joseph Of Arimathea
YMCA of Central & Northern West. Day Care Ctr.
Halfway Houses Of Westchester
Sterling Clubhouse Of MHA
Lois Bronz Children's Center
Cardinal McCloskey #93
Neighborhood Service Backpack
Salvation Army Backpack
Ridgeway Elementary Backpack
Greenburgh Housing Backpack

YONKERS

St. Peter's Food Pantry
Riverdale S.D.A. Church Food Pantry
Sacred Heart Food For The Hungry
Yonkers CAP Food Pantry
A Different Start Food Pantry
San Andres Episcopal Church Food Pantry
Pressley Memorial Food Pantry
Yonkers Hungry People Food Pantry
Yonkers Churches Food Center
Yonkers S.D.A. Church Food Pantry
Westhab Food Pantry
Operation Fight Back
YWCA of Yonkers Food Pantry
Sharing Community Ryan White
Riverdale S.D.A. Church Soup Kitchen
Pressley Memorial Soup Kitchen
Yonkers Hungry People Soup Kitchen
Saint Joseph's Soup Kitchen
Bethany AME Church Feeding Program
Yonkers Gospel Mission Home
My Sister's Place
Greyston Family Inn Day Care
Queen's Daughters Day Care
Shepherd's Flock
Cluster Residences
St. Peter's Child Care Center
A Different Start Women's Program
City Harvest Pre-School
New Little Branches Day Care
San Andres Backpack
Goerlich Residence-Cluster
Salvation Army Youth After School Prog.
YMCA Kids Cafe
New Little Branches Kids Cafe
Yonkers Cap Kids Cafe/Backpack
YMCA Yonkers Families & Adult Feeding Program
YMCA Yonkers Senior Lunch Program
YMCA Backpack
Elm Street Backpack Program
Neperhan Community Center Backpack Program
Operation Fight Back Backpack Program
St. Peter's Backpack Program
Sharing Community Ryan White Food Pantry

YORKTOWN HEIGHTS

First Presbyterian Church Food Pantry
BGCHW Kids Cafe

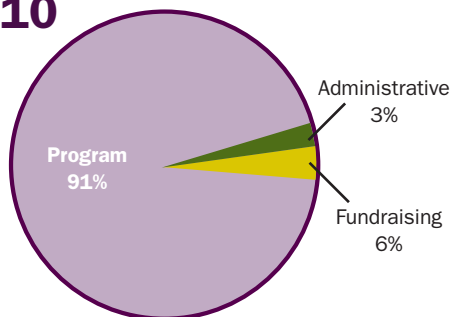
2010 Hunger Heroes

L to R: Master of Ceremonies Tony Aiello, CBS-TV 2 News; Deacon William Vaccaro, Holy Rosary Food Pantry & Soup Kitchen, Port Chester, *Service Provider Award*; Raquelle Frenchman, President, Junior League of Bronxville, *Donor Award*; Liz Bracken-Thompson, Partner, Thompson & Bender; Christina Mugno, Manager, Contributions, PepsiCo Foundation and Neal Bronzo, Senior Vice-President and Chief Information Officer, Pepsi Beverages Company, *Corporate Service Award*; Vera Kovalski, District Manager, Stop & Shop, Give Back Olympics Golden Scoop Award; and David Bowman, Trinity Church Food Pantry, Mount Vernon, *Volunteer Award*.



Financial Information

2009-2010



TOTAL REVENUE 2009-2010 \$8,377,946

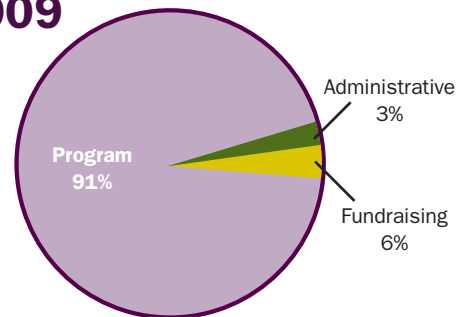
Government	1,433,473	(17%)
Public	2,191,961	(26%)
Other	4,752,512	(57%)

TOTAL EXPENSES 2009-2010 \$7,774,089

Program	7,046,431	(91%)
Support	244,872	(3%)
Fundraising	482,786	(6%)

Net Assets, end of Fiscal Year \$3,677,881
unrestricted **2,994,493**, restricted **673,388**

2008-2009



TOTAL REVENUE 2008-2009 \$7,036,660

Government	1,397,411	(20%)
Public	1,875,883	(27%)
Other	3,763,366	(53%)

TOTAL EXPENSES 2008-2009 \$6,316,625

Program	5,695,551	(91%)
Support	214,220	(3%)
Fundraising	406,854	(6%)

Net Assets, end of Fiscal Year \$3,064,024
unrestricted **2,366,617**, restricted **697,407**

Full financial statement and 990s available upon request, viewed on www.ghost.org GuideStar or Food Bank website www.foodbankforwestchester.org



LEADING THE CHARGE TO END HUNGER
Founded in 1989

358 Saw Mill River Road, Millwood, NY 10546
914-923-1100 phone • 914-923-1198 fax
www.foodbankforwestchester.org

Food Bank Board of Directors 2010

Spencer L. Barback
President
Citrin Cooperman & Company LLP

Scott Boilen
Allstar Marketing Group, LLC

Neal A. Bronzo
Pepsi Beverages Company

Robert F. Davis, Esq.
Shamberg, Marwell, Hocherman, Davis & Hollis, P.C.

Charles Day
Morgan Stanley Smith Barney

Linda Harellick
White Plains

Jack (John) Heidgerd
Treasurer
Lutheran Social Services of Metro NY

Michael J. Kurtz
Taro Pharmaceuticals U.S.A., Inc.

Neil Leinwand
Bedford

Debbie McCarthy
Vice President
Business Executives for National Security

Joseph J. Masterson
Past President
Diversified Investment Advisors

Richard Rakow
Rakow Commercial Realty Group, Inc.

Robert M. Redis, Esq.
Immediate Past Pres.
McCarthy, Fingar LLP

Robert Scher, Esq.
Foley and Lardner LLP

John Ulrich
Wachovia Bank, N.A.

Lucielle Werlinich
Vice President
Joseph C. Abeles Foundation

Bruce Wilson
North Creek Advisors

Christina Rohatynskiy
Executive Director,
Food Bank for Westchester

Advisory Board

Alison Awerbuch
Abigail Kirsch Catering Relationships

John Barnes
Reckson Realty

John Calvelli
Bronx Wildlife Conservation

James Dowling
Katonah, NY

Adam Handler
Fastforward Communications, Inc.

William P. Harrington
Bleakley Platt Schmidt LLP

Abigail and Bob Kirsch
Abigail Kirsch Culinary Productions

Mitchell Klein
Alpha 1 Marketing/
Krasdale Foods

Gerard Murphy
Port Chester, NY

Patricia Murphy
White Plains, NY

Peter Herrero
New York Hospitality Group

Ed Steinberg
Abigail Kirsch Catering Relationships

Staff

Christina Rohatynskiy, Executive Director

Carmen Harvey
Assistant to Exec. Dir./Administrative Manager

Pat Reino
Administrative Assistant

Cora Rose
Customer Service

Toby Pidgeon
Director of Operations

Suzanne Johnson
Operations Manager

Michal Winter
Agency Relations Coordinator

Sara Cox
Nutrition Resource Manager

Ferne Bordash
Manager, Direct Service Programs

Marilyn Rivera
SNAP (Food Stamps) Coordinator

Maria Aguirre
STEPS Coordinator

Karl Semkow
Financial Manager

Kaz Galas
Accounting Assistant

Katy Flint Coppinger
Senior Director of Development

Nancy Lyons
Resource/Volunteer Coordinator

Jeanne Wilcox
Communications Manager

Douglass DeCandia
Food Growing Program Coordinator

Nelson Perdomo
Food Recovery Program Coordinator

James Degree
Warehouse Supervisor

Jerrell Johnson
Green Thumb/Warehouse

Vernon Wellington
Inventory Control

Levi Bond
Driver/Warehouse

Ernest Monroe
Driver/Warehouse

Shalter Moten
Special Distribution Projects Coordinator

Michael Newman
Driver/Warehouse

José Trinidad
Warehouse

Korey Johnson
Warehouse

Harrison Degree
Warehouse



358 Saw Mill River Road, Millwood, NY 10546

NON-PROFIT ORG.
U.S. POSTAGE
PAID
PERMIT NO. 4677
WHITE PLAINS, NY